



**L I Z Z I E**  
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**Beauty and Bubbles**  
***Etiquette, Self Awareness & Human Relations Workshop***  
**June 2011**

***You are invited to attend our Beauty and Bubbles, Etiquette, Self Awareness & Human Relations Workshop scheduled for Saturday the 11<sup>th</sup> of June 2011.***

This program is an excellent opportunity to update or fine-tune your personal and or professional image and sense of self. You're sure to enjoy a greater level of confidence and self esteem. You may be an individual wanting to advance yourself personally and/or professionally. Perhaps you're seeking a change, new image or greater level of confidence and self-esteem, seeking corporate advice, or are a mature age applicant wanting to gain a fresh and modernised makeover and spirit. Many students have achieved career advancement with this added value.

In order to feel happy about the way you communicate with other people and respond to them, and have them respond to you in the way you would like them to, you must first feel happy about yourself. Let us take you on a journey of self discovery, goal setting, motivation and meditation. After all, if you don't like yourself, how can you expect anyone else to? This session is great personal and professional development.

The **Etiquette, Self Awareness and Human Relations** course date and time is **Saturday the 11<sup>th</sup> of June** running from **9.30am to 5.30pm**

The course will be held at **The Quality Hotel Diplomat**, cnr Hely Street and Canberra Avenue Manuka.

This workshop is very popular with our corporate clients. Some of the Lizzie Wagner Academy corporate clients have included; The Southern Pacific Hotel Group, The Australian Taxation Office, Australian Government Solicitors, The Australian Institute of Company Directors, Australian Information Industries Association, The Hyatt Hotel, Corporate Express, various Government Departments, The Australian Institute of Sport, to name a few.

The academy also styles and image consults, for politicians, TV stars, entertainers, high profile personalities, celebrities, models, actors and the everyday individual. The academy also provides a personalised shopping service as well as private tuition.

You will not only benefit personally and professionally from the program, but you will also greatly enjoy a new level of confidence and self esteem. Many students have achieved career advancement with this added valuable tool. **The program is an excellent opportunity to update or fine-tune your personal and or professional image.**

**The classes in this course are:**

**Business and Social Etiquette** – Social skills, networking, table manners, giving dinner parties, business etiquette.

**Networking** – The art of networking. Attending work and social functions, appropriate wardrobe, conversation skills, handshaking, business care etiquette, hold to hold crockery, cutlery or glass wear, gracious introductions and exits, methods of attendance, follow ups.

**Self Awareness and Human Relations** – Defining your good points, working on your weaker attributes. Creating new positive thought and belief patterns. Successful self-motivation and esteem building. Attitudes, reprogramming, understanding whom you are, your needs, desires, goal setting, **confidence**. Creating the total package – look good – feel fabulous.

**What is required from you!**

You are about to embark on an exciting and challenging course, which should not only be educational but a lot of fun whilst allowing for you to develop new skills. For each day of the program you **will need to bring a notebook and pen**. The Academy will issue handouts throughout the course for future reference.

On day one we would like you to bring/wear something comfortable for analysing posture. Also if you have them, please bring along smooth soled shoes for walking classes.

At the Academy we prefer you do not buy anything new for the course, but utilise what you already have at home. Should you wish to purchase anything, we would suggest you discuss it with the teachers to ensure value for money and appropriate buying.

Please wear something you feel appropriate for corporate or a gala lunch (social event).

You may wish to bring snacks, lunch and a drink each day, otherwise you can purchase food and beverage from the hotel. Reasonable prices and products have been set for our students. It is best to pre-order before the course commencement, please let us know your requirements.

The course costs are **\$110.00** for Business and Social Etiquette, **\$110.00** for Networking, **\$165.00** for the Gala Lunch, **\$110.00** for Human Relations, **\$110.00** for Self Awareness or for the **Full Day the cost will be \$395.00, GST inclusive**. To complete your registration, please advise us by way of a telephone call and fill out the enclosed registration form and return it with your 50% deposit or full payment. Cheques and money orders are to be made payable to The Lizzie Wagner Group Pty Ltd T/A The Lizzie Wagner Academy. Please forward payment to P.O Box 4444 Kingston ACT 2604. **For more information please call on (02) 6299 8328.**

**The telephone contact number during workshop hours is 0412 098 435.**

**We look forward to seeing you there! Until then take care,**

**LIZZIE WAGNER**

Principal

**The Lizzie Wagner Group**

The Lizzie Wagner Group Pty Ltd

***Pamper yourself and enjoy a new and improved image. Better your chances in the workforce and or socially.***

**THE LIZZIE WAGNER GROUP – MORE THAN JUST FACE VALUE!**